

VMWare Workstation Stop VM Action

The Stop Virtual Machine action allows you to halt a running VMWare Virtual Machine.

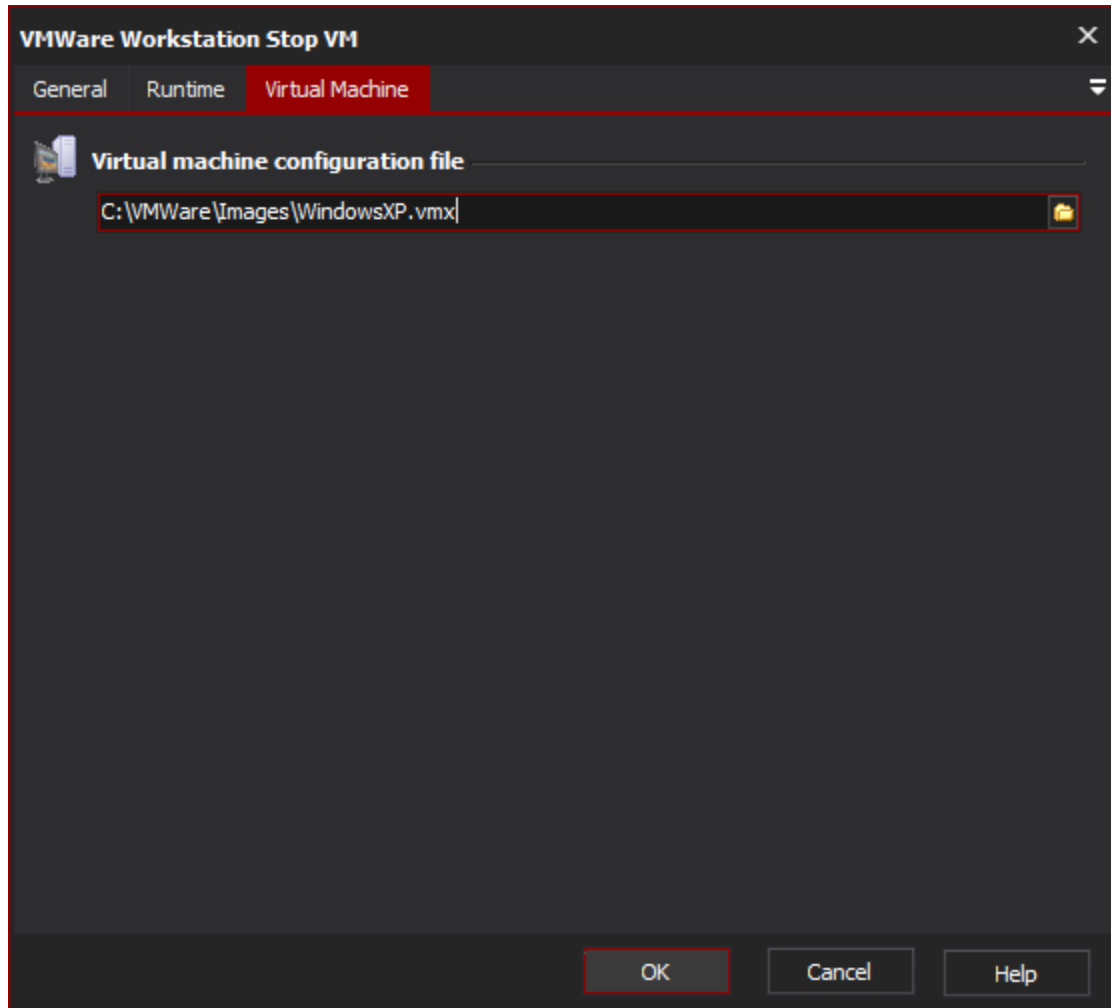


The Stop Virtual Machine action does not shut down the Guest operating system automatically. It is recommended you use the [VMWare Workstation Suspend Virtual Machine Action](#) wherever possible.



Currently (VMWare Workstation 5.5) it is impossible to stop teams, due to a limitation in VMWare. It is also impossible to restart VMs which are part of a team and have already been stopped.

Virtual Machine



Virtual Machine Configuration File

Enter the path to the Virtual Machine's .vmx configuration file, or alternatively (for VMWare Workstation 5.0 users) a Virtual Machine Team configuration (.vmtm).

Fail if virtual machine is already powered off

Power options

"Hard" power transition

"Soft" power transition

Try "soft", then "hard" power transition